

**Quadra Island Garden Club
Recommended Seed Varieties from Members
January 2023**

Plant	Variety	Source if known	Notes	Gardener
Beans, Bush	Masai			Val
	New Matador		Stood up well in wet spring weather and produced well	
Beans, Edamame	Both varieties good	WCS		Stacey
Beans, Fava		WCS		Joyce, Eileen
Beans, Dry	Annie Jackson	BCESC		Ramona
Beans, Pole	Fortex			Robin
	Scarlet Runner	WCS	Big beautiful dried bean, can also eat as a green bean	Jen
Beets	Cylindra	WCS	Easy to peel, very long and big, best bang for buck	Jen
	Touchstone Gold		So delicious	Carol Anne
	Winterkeeper			Val
Broccoli	Calabrese, Gypsy and Green Magic		produced all summer and into November	Robin
Brussels sprouts	Dagan			Carol Anne
	Gustus			Carol Anne
	Nautica	WD		Eileen
Cabbage	Copenhagen	WCS	Cut the main head and then grow 3 mini heads	Jen
Carrots	Bolero	WCS	Dependable variety commonly grown by market gardeners	Jen
	Flyaway	WCS	Carrot Rust Fly resistant	Jen
	Hercules			Carol Anne
	Napoli			Carol Anne
	Purple Haze			Carol Anne
	Ya Ya			Carol Anne
Cauliflower	Mardi	WCS	Reliably nice big heads	Jen
Cucumber	Sweet Success			Eileen
	Miniature White	SSS	Never bitter, easier to spot	Jen

Greens	Red Malabar Spinach	ISC	Grows as a vine with lots of leaves, doesn't bolt	Jen
Kohlrabi	Supersmeltz		Keep for a long time in a cool room	Val
Leeks	Bandit			Carol Anne
	Chinook			Carol Anne
	Linnaea	SSS, BCESC, LF		Jen
Lettuce	Akindus			Carol Anne
	Jester			Carol Anne
Onions	Calibra		Good keeper	Carol Anne, Val
	Patterson	WCS	Good Keeper	Carol Anne, Eileen
	Red Wing		Good keeper	Carol Anne, Eileen
	Rosa de Milano			Val
Peas, Shelling	Summer Pea	SSS		Eileen
Peas, Snap/Snow	Banana Nano	GEF		Stacey
	Brazilian	SSS		Ramona
	Cascadia			Robin
	Oregon Giant	OBF		Heather
Shallot	Ambition			Carol Anne
Squash, Winter	Delicata Zeppelin	OBF		Heather
	North Georgia Candy Roaster	HHH	Big and delicious	Carol Anne
	Uchiki Red Kuri	WCS	Delicious, Can eat skin as well	Jen
	Waltham	WCS		Val
Swede/Rutabaga	Hellenor		late to develop but sized up nicely	Carol Anne
Tomato	Black Krim		Excellent slicer	Ramona
	Longkeeper		As the name suggests	Eileen
	Old German	WCS	Low acid, hardy, makes great soup	Heather
	Red Oxhart		Good canner	Ramona
	Rocket		Early	Eileen
	Siletz		very productive, healthy plants, grown outside without cover	Robin
	Tasty-Lee	WCS		Betsy

Zucchini/Summer Squash	Black Beauty		Not prolific so you don't get overwhelmed	Val
	Romanesco	WCS	Very productive	Eileen
	Sunburst Scallopini	WCS	VERY productive, can eat little ones or let grow big and use like zucchini, or cure and use throughout the winter	Jen

BCESC = BC Eco Seed Co-op

GEF = Good Earth Farm, Black Creek

HHH = Heritage Harvest Seeds – Manitoba

ISC – Incredible Seed Company, Nova Scotia

LF = Linnaea Farm

OBF= Omega Blue Farms, Qualicum Beach

SSS = Salt Spring Seeds

WCS = West Coast Seeds

WD = William Dam

See also:

This blog post from 2019 on our website:

<https://quadraislandgardenclub.com/2019/02/16/what-veggies-grow-well-on-quadra-island/>

And this one too, from 2021:

<https://quadraislandgardenclub.com/2021/01/17/seeds-matter-selecting-seeds-for-success/>